# DIRECTIONS

**Compass Project Newsletter** 

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#### **Compass Community Connections!**

Camphill Wellbeing Trust (CWT) Clinical Lead, Dr Stefan Geider, joined the **Bon Accord Rotary Club's** breakfast meeting this month to share the latest news and updates from our Compass Project. The presentation was well received and the club are keen to assist us with the installation of a new composting toilet.

Funded by **The National Lottery Together for our Planet Award**, the composting toilet will take some time to appear on site as careful consideration of its placement is required. Volunteers from the club have indicated they are keen to take on this project and see it through to completion. The support of the rotary club in this is greatly appreciated!

## ROTARD OCCUPANTION

#### Thank you and farewell

We are sad to say goodbye to both Andrew Phethean and Svetislav Kondic, our core Compass team. Both are leaving for family reasons and we will greatly miss them. They have made huge contributions to Compass during their time with us. We wish them and their families well for the future and hope they will keep in touch!

#### Vacancy at Compass

We are looking for an enthusiastic and capable **Outdoor Areas Manager** to continue the **development and coordination** of our Compass project outdoor areas and related activities. Gardening / horticultural / agricultural experience is required with an ability to forward plan for planting and land management. Ability to operate a range of appropriate land management power tools is also essential! Email us today for an application pack: admin@cwt.scot or phone: 01224 862008. Application deadline: Friday 18th March 2022



#### **Compass receives NHS support**

Our Project Coordinator, Andrew Phethean, welcomed two representatives from the **Aberdeen City Health & Social Care Partnership NHS Food in Focus Fund,** and the recently awarded **ACHCP Health Improvement Fund** [£10,000] onsite on 9th February 2022.

Suzanne and Nonye joined us for a Wednesday volunteering afternoon to see how their funds will be supporting the project in the coming months. *"I was so impressed by everyone's kindness and enthusiasm,"* commented Suzanne as she saw the progress firsthand and met volunteers on her visit.









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#### **Buildings**

- **Main Building:** Further roof repairs recently completed mean the building is now wind and watertight.
- **Multi-Purpose Hall:** Plans continue to progress with sustainable heating & lighting due to be installed from Spring 2022 onwards. We aim to open in Aug 2022.
- **Kindergarten / Science Block:** Plans to refurbish these buildings and develop into an enterprise / early years / volunteer hub are underway with MAC Architects.

#### **Outdoor Spaces**

• **Community Garden plans:** If you've visited our site recently, you'll see the fantastic progress that our Compass team have made along with support from our volunteers. The first no-dig bed was laid in October 2020 and now we have over 24 in place with additional space ready for the fruit canes and bushes. Come along on Saturday 26th February 2022 and help us get planting!





• Help shape Compass: Share your thoughts on how you see Compass becoming part of the local community by completing our <u>online questionnaire</u> or talk to us about your ideas when you see us on-site.

#### Volunteers

- Local support: We've now reached an incredible 2310 hours of time donated to the project from 174 volunteers a big thank-you to all!
- **Compass Steering Group:** We have already had strong interest in participating from volunteers to help Compass continue to move in the right direction and hope to have our first meeting in the near future. For further information, contact: compass@cwt.scot or phone: 01224 862008.
- Volunteer days:

**Week Days:** Due to Andrew leaving at the end of February, afternoon volunteering will now be on a pre-arranged basis only. If you are interested in coming along during the week, get in touch with us by email: compass@cwt.scot and we can arrange a suitable date for you. We hope to resume regular afternoons as soon as possible.

**Saturdays**: We postponed our onsite day from 19th February to **26th February** due to the stormy weathers! Come along this Saturday to help plant the blueberry bushes & learn more about the project in our '**Focus on Compass**' breaktime talks.

• **Become a volunteer:** use our online form to sign up as a Compass volunteer. Visit <u>www.camphillwellbeing.org.uk/compass</u> or just click on the green button!



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### **Compass Project Newsletter**

### **Fundraising**

Phase 1: achieved £200,000 Phase 2: ends September 2023 | Current amount raised: £390,003 | Target: £800,000

Phase 2 Funding: Our next fundraising goal is to raise £800,000 by September 2023. We have raised an incredible £390,003\* so far thanks to the support of grants and an anonymous donor. [\*figure does not include lottery funding of £150,000 over three years!]

Can you help? Our online fundraising page is live! Donate online through our LocalGiving campaign page or by cheque to: Compass Project, Camphill Wellbeing Trust, St Devenicks, Murtle Estate, Bieldside, Aberdeen, AB15 9EN.

- Fundraising Initiatives: The Plant a Tree for Compass initiative, plant and firewood sales plus Produce Pop-Ups have raised over £744 so far. Thanks to all who have supported our fundraising. Over-wintered leeks are still available on a donation basis, just ask onsite!
- Support us when you shop at the Co-op! Remember to choose Compass as your Co-op cause to help raise money for a shed with composting toilet for our therapeutic gardening project and volunteers. Find out how much we've raised and how to support us through Co-op purchases here: https://membership.coop.co.uk/causes/61982

#### PR

- Website: Find the latest updates at www.camphillwellbeing.org.uk/compass including our Photo & Video Gallery.
- Facebook page: Follow us here: www.facebook.com/CWTCompass
- Next steps: We are always interested in opportunities to raise the profile of the project. If you or any contacts you have would like to get involved, please let us know.

### **Upcoming Events**

Our next volunteer event is: Saturday 26th February 2022: 9.30am - 4pm We have **toilet facilities** and **indoor shelter** for volunteers along with a range of indoor activities should the weather be unsuitable for outdoor work

Remember to bring cash if you'd like to take home any local produce; we are expecting to have over-wintered leeks available on a donation basis. Focus on Compass: Learn more about the project and its developments during our break-time at around 11am on Saturday. Free Weleda body care samples and **Deeside Water** will also be available to keep our volunteers refreshed.

Events are in line with current COVID guidelines. If you can't make a Saturday, our Project Coordinator is always happy to facilitate individuals onsite during the week. Just get in touch: compass@cwt.scot

Sign up as a volunteer using our online form to receive email reminders of upcoming events and future dates!

> Compass Project | 01224 862008 | compass@cwt.scot www.camphillwellbeing.org.uk/compass Facebook: @CWTCompass



Sign up as a Volunteer!





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