

# DIRECTIONS

## Compass Project Newsletter



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### International School Students support Compass

Compass were delighted to receive support from students of the International School Aberdeen this month as part of their group project on the UN Sustainable Development Goals. Based around mental health in relation to the environment and reforestation, the students decided to hold a bake sale at school to raise funds to plant trees from Compass on their school's site.

Their donation of **£97.89** bought **10 young trees** raised by the Compass project on its Craigton Road site.



### Staff changes

We are sad to be saying goodbye to our **Project Manager, Neil Lindsay**.

Neil has made a significant impact on driving the refurbishment of both the Multi-Purpose Hall and Volunteer Hub forward over the last year.

We wish him all the best in his new position from December 2023.



Meantime, we are delighted to welcome the newest member of the Compass team, **Leigh McMillan**.

Leigh is joining us as **Volunteer & Social Prescribing Coordinator** and will lead the activities available onsite for the wide range of volunteers who contribute to our project. She will also be the point of contact for all Multi-Purpose Hall hire enquiries. Joining us from the Camphill School Aberdeen team, Leigh has experience working with people of all backgrounds including those with additional support needs. **Welcome Leigh!**



### Vacancy at Compass:

CWT will be looking for someone to replace Neil as **Project Manager** with a focus on **buildings and site development** along with day-to-day facilities management. It will appeal to someone who is practical, passionate about sustainability and enjoys working in a changing environment. Get in touch to **register your interest in this full-time post** offered initially as a one year, fixed term contract with view to extend. Email: [admin@cwt.scot](mailto:admin@cwt.scot) or call: 01224 862008.

### The Gift of a Parsnip

We also bid farewell to longstanding Compass volunteers Siobhan and Bill who received the biggest parsnip grown onsite this year as a thank-you for their support of the project. Weighing a super 700g, the Compass team also gifted the two volunteers a signed slate to remember their time at Compass. With over 70 hours contributed between them to progress improvements onsite, the slate was chosen as a fitting keepsake for the pair to remember the project by, especially following Siobhan's slate-painting skills that brightened up the garden!

Thank you Siobhan and Bill for your support of the project and we wish you all the best with the relocation and in your next venture!



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## Buildings

- **Multi-Purpose Hall:** The sustainable refurbishment of the Multi-Purpose Hall continues as we work towards a full opening of the hall in January 2024. Get in touch if you'd like to find out more about **hiring a space**.

## Outdoor Spaces

- **Tree Planting:** Thanks to the generous donation of **£689** to **purchase fruit trees** and the group of **enthusiastic corporate volunteers** from **Baker Hughes Aberdeen**, we have expanded our orchard. They planted 2 cherry, 4 apple and 2 pear trees with the Compass team which will provide produce for years to come. The group also helped us harvest fruit and prepare the bank below the polytunnel.



- **Compass firewood:** As the chilly temperatures arrive, why not stock up on **Compass firewood**? Bags are available for sale at just £10.50 or you can bulk buy a cubic metre for £105. Speak to a member of the team onsite to purchase yours or email [garden@cwt.scot](mailto:garden@cwt.scot)
- **Growing All Year Round:** The team and volunteers have been busy planting organic garlic and onions for growing **over winter** to make the most out of the garden area. Find out more about how to utilise the garden all year round by speaking to our team onsite, or join us for the next volunteer day for hands-on experience!
- **Seasonal Harvests:** Take home the latest **local, organically-grown seasonal produce** harvested from the gardens of Compass. We still have potatoes and a limited selection of fresh vegetables available directly from Compass as part of our **Produce Pop-Ups: every Thur 2pm - 4pm, Fri 10am - 1pm and 1st Saturday of the month, 10am - 4pm**. To place your order or find out more, email [garden@cwt.scot](mailto:garden@cwt.scot).



## Volunteers

- **Local support:** We've received an incredible **7530 hours** of volunteering time from **770 volunteers**, including schools & corporate groups - **thank-you!**
- **Drivers wanted!** We are looking for **volunteer drivers** to support our Skills for Health programme, access to the site and delivery of produce. Get in touch to find out more!
- **Volunteer days:**
  - Week Days:** We offer regular **week day opportunities** to volunteer at Compass: **Wednesday afternoon: 1.30pm - 4pm | Thursday morning: 9.30am - 12noon** Let us know you are coming: [compass@cwt.scot](mailto:compass@cwt.scot) - we can let you know the tasks!
  - Saturdays:** Our Saturday events take place on the **first Saturday of every month**. Come along to our next event on: **Sat 4th Nov 2023, 9.30 - 4pm!**



Sign up as a  
Volunteer!



COMPASS is a project of Camphill Wellbeing Trust, a business name of Camphill Medical Practice Ltd. A limited company registered in Scotland No. SC120539 Charity No. SC016291 Registered office: St John's, Murtle Estate, Bieldside, Aberdeen AB15 9EP





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### Fundraising

**Phase 1: achieved £200,000**

**Phase 2: ends September 2024 | Current amount raised: £916,135 | Target: £1.5 million**

- **Phase 2 Funding:** Our next fundraising goal is to raise **£1,500,000** by September 2024. We have **raised an incredible £916,135** so far thanks to grants, donations, produce sales and a generous anonymous donor.
- **Access Appeal:** Help us **raise £120,000** to support a multi-user access to the Multi-Purpose Hall. **Please support the appeal by sharing the link** on social media: <https://localgiving.org/appeal/AccessCompass/> and help raise awareness!
- **Support us!** You can **donate online** through our **LocalGiving campaign page** or by cheque to: Compass, Camphill Wellbeing Trust, St Devenicks, Murtle Estate, Bieldside, Aberdeen, AB15 9EN.



**Donate now!**

### PR & Connections

- **Compass takes part in Britain in Bloom:** Katerina represented Compass as part of Aberdeen's entry in the Britain in Bloom event at Duthie Park this year. Drawing on her wreath-making, flower-arranging skills, we were able to **showcase the project** with a wonderfully curated display of **harvested goods** from the site. We were delighted to hear that Aberdeen won gold medal in the Britain in Bloom event this month!
- **Compass supports the Mixing Bowl:** Compass were pleased to support the **Mixing Bowl's 'Soup & Pudding' Macmillan Cancer fundraiser** on 14th October by donating strawberry and polyanthus plants. Donations such as these both help raise funds for good causes whilst promoting a circular economy. The Mixing Bowl's event raised a brilliant **£1432.35** altogether!



### Upcoming Events.

- **Monthly Volunteering Day: Saturday 4th November 2023: 9.30am - 4pm**

- ✓ We have **firewood, wood chippings** and **seasonal produce** for sale. With our **new card machine**, we can now accept card payments and donations!
- ✓ Free **Weleda body care samples** and **Deeside Water** to keep our volunteers refreshed! .
- ✓ **Focus on Compass:** Learn more about the project and its developments during our break-time at around 11am on Saturday.



- **Weekday Volunteering:** Volunteers are welcome throughout the week by prior arrangement or come along on a **Wednesday afternoon (1.30pm - 4pm)** or **Thursday morning (9.30am - 12noon)**.
- Sign up as a volunteer using our [online form](#) to receive email reminders of upcoming events, seasonal produce pop-ups and news updates!

**Sign up as a Volunteer!**



**Compass Project** | 01224 862008 | [compass@cwt.scot](mailto:compass@cwt.scot)  
[www.camphillwellbeing.org.uk/compass](http://www.camphillwellbeing.org.uk/compass) Facebook: @CWTCompass

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