



# Integrative Health: Applied AnthroMedicine Training

A 6-module course

# YOUR INVITATION

**ESPECIALLY FOR DOCTORS, NURSES, THERAPISTS,  
THERAPEUTIC EDUCATORS AND SOCIAL CARE PROFESSIONALS.**

**Discover the integrative AnthroMedicine system and how it can address illness, build resilience and support wellbeing**

Extend your practice with effective therapeutic tools based on an integrative understanding of health and illness.


**Explore key AnthroMedicine concepts in an accessible, practical way.**

Using an innovative systematic approach, participants will:

- learn a new way of looking at health and illness
- begin to prescribe [doctors only] and use anthromedicines with confidence
- plan effective individualised therapeutic interventions
- optimise lifestyle advice
- enhance multi-disciplinary working



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### Previous participants said:

*"Meeting like-minded people, (learning the) principles and how they relate to my own practice was very useful. The initial medicines allow me to start straight away."*

*"Can relate to our residents (care home); happy to use more in my workplace and private life."*

**Limited spaces**

**please reserve your place as soon as possible.**

### How will it be delivered?

- **60 hours face-to-face teaching** across 6 modules, over 7 months
- **practice-based learning logs** to support and evidence progress between modules

**Venue:** Murtle Estate, Bielside, Aberdeen, AB15 9EP  
Argent College, Vittoria Street, Birmingham B1 3PE

**Costs:** The cost of the course is **£1200** [for 6 modules each 2 days]. This includes handouts, materials for practical sessions and certificate of attendance. (Participant to bring own lunch)

**Dates:** First module: 31 August / 1 September 2019 Aberdeen  
7/8 September 2019 Birmingham  
Final module: 21/22 March 2020 Aberdeen  
28/29 March 2020 Birmingham

**Sponsored places:** Weleda UK are part-sponsoring 6 places. Please contact [admin@cwt.scot](mailto:admin@cwt.scot) for details and application form.

Delivered by CWT in collaboration with Weleda UK and Ruskin Mill Trust.

**WELEDA**

Since 1921

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re-imagining potential

  
**Camphill Wellbeing Trust**

**For more information, please visit:**

**[www.camphillwellbeing.org.uk](http://www.camphillwellbeing.org.uk) or contact [admin@cwt.scot](mailto:admin@cwt.scot)**