

COMPASS: Approach for Funds



What is COMPASS?

COMPASS is a ground-breaking new project which aims to transform the former Waldorf School site into a centre demonstrating practical solutions for **healthy** and **sustainable** lifestyles.

Why has it come about?

The site on Craigton Road, Cults owned by Camphill Estates had been unoccupied since the closure of the Waldorf School in 2014. Keen not to lose the potential of this **naturally beautiful** and **historic** site, Camphill Wellbeing Trust (CWT) took it on in September 2020 to host COMPASS as a community-based project

What's the vision?

COMPASS is envisaged as a place where:

- **inclusive spaces** that serve and engage the people of **Aberdeen City & Shire** will be created
- the Camphill ethos and practices will be translated for the wider public **to benefit all who want to improve health, maintain wellbeing or explore a more sustainable lifestyle**
- local enterprises and community groups aligned with the health and sustainability ethos of Compass will have an opportunity to hire space on this accessible site.

COMPASS hopes that many local organisations, community groups and initiatives will wish to contribute and become involved with the project.

What does Compass aim to do?

The Compass project aims to:

- keep the Craigton Road site as an asset for the local community
- restore and transform the site in a sustainable manner
- develop meaningful, self-financing projects that fit with the ethos of healthy, sustainable living.

COMPASS aims to showcase:

- **sustainable building practices** with conservation of the main listed building and sensitive repurposing of others
- **an integrated, creative health and education approach**, supported by the natural and built environment
- **sustainable social enterprises** serving the local community with some involving people with learning disabilities
- **organic and biodynamic land use** with nutritious food production, demonstration growing plots, orchard, composting, bee-keeping, wild flower meadow and woodland management
- **repair, reuse and recycle practices** minimising waste and encouraging sustainability

Who is responsible for COMPASS?

Compass is a project of **Camphill Wellbeing Trust (CWT)**, a medical charity based in Bielside, Aberdeen. We support patients, their families and the local community through an extended, integrated approach to health and wellbeing. The Compass team can be contacted by email on: compass@cwt.scot

You can find out more on our website: www.camphillwellbeing.org.uk/compass/

What has COMPASS achieved?

Phase 1 Sept 2020 – Sept 2021 Fundraising target of £200,000 achieved

In addition, Compass staff with volunteers have:

- ✓ enabled **safe access** to core pathway through the site
- ✓ tidied outdoor areas with **recycling** and introduction of **composting**
- ✓ set up **no-dig, organic demonstration garden plots** and produced a first vegetable **harvest of 71 kg**
- ✓ commissioned a **tree survey** and started **planned management of woodland areas**
- ✓ **increased site security** to counter crime and vandalism, including Grampian police dog training onsite
- ✓ **repaired vandalised roofs** and started **sustainable building repairs/refurbishment**
- ✓ appointed a **project coordinator**
- ✓ formed **collaborative partnerships** with local businesses and community groups
- ✓ **engaged positive support** from local community, including local Community Councils and 2025 volunteer hours

Phase 2: Oct 2021 - Sept 2023 Fundraising target: £800,000 Achieved to date: £232,947

In Phase 2, we plan to:

- Finalise the masterplan for revitalisation across the whole site
- Complete refurbishment and open multi-purpose community hall by Aug 2022
- Create zero-waste kitchen for processing onsite produce and for education in health eating
- Continue sustainable refurbishment and re-purposing of nursery and social enterprise buildings
- Establish a food smokery unit as part of a circular economy
- Establish therapeutic activities for social prescribing in collaboration with NHS
- Plant fruit bushes and trees: before Spring 2022
- Prepare for Spring planting of crops
- Plan further land-use activities e.g. outdoor gym, bee-keeping, wild meadow
- Install accessible outdoor, composting toilet

What does Compass need now?

As the site takes shape, we want to find out more about how members of the local community would like to get involved and help Compass develop. In particular:

- How do you see Compass within the community?
- What ideas do you have for potential projects on the site?
- Would you like to get involved in a Compass steering group?
- Are there any resources - knowledge, skills, materials - that you might have to help develop the project?
- Can you tell others about Compass or help fundraise for Compass?

To help COMPASS, please:

- **complete the attached questionnaire** so we can find out how **you** would like to see Compass develop
- **share the Compass web-page link** with anyone who might be interested
- **sign up** to receive our news updates or to **volunteer** at Compass
- **think about** what **skills or resources you could offer** the project
- **fundraise** for or **donate** to Compass

Yours sincerely

Dr Aileen Primrose, Dr Stefan Geider, Andrew Phethean, Svetislav Kondic

CWT Compass Team

Compass Questionnaire: Please try to be as specific as you can with your answers.

The following suggestions have been made for projects within the Compass site.	Tick those that you or your family would use	Tick those that you think would benefit the local community
Café		
Exercise/keep fit classes		
Dances classes: children		
Dance classes: adult		
Yoga classes		
Parent and baby/toddler group		
Low waste shop / refill shop		
Bicycle repair and recycle / secondhand bike shop		
Volunteer-run repair / upcycle workshop		
Outdoor gym / exercise area for adults		
Outdoor gym / exercise area for children		
Disabled access throughout the site		
Charity shop for furniture		
Charity shop for wedding items		
Charity shop for children’s toys/equipment		
Monthly local food market		
Outdoor pre-school / nursery		
Outdoor holiday club for children		
Access to seasonal local organic produce		
Locally smoked produce: cheese, bacon etc.		
Eco wedding venue		
Therapeutic gardening activities		
Art and craft studios/workshops		
Workshops on sustainable living including growing food		
Workshops on health, wellbeing & resilience building: children /adults		
Dry stone wall workshop		
Other: please share your ideas!		

Do you have any skills you'd be willing to share with Compass? e.g. gardening, fence-building, plumbing, joinery, PR support		NO	YES, please specify:			
Do you have any material resources to donate to Compass? e.g. tools for onsite work, seeds, plants		NO	YES, please specify:			
Are you involved with any businesses who may have materials, services or skills that could be donated to Compass?		NO	YES, please specify:			
Are you involved in any local community groups or businesses that might be interested in hiring space at Compass?		NO	YES, please specify:			
We want Compass to reflect the needs of the local community. Would you be interested in being part of a Compass steering group?					YES	NO
How do you think Compass could help/benefit the local community?						
Any other comments:						
Name:						
Email:				Telephone:		
Age <i>Please circle</i>	Under 16	17 – 26	27 – 49	50 – 65	Over 65	
Have you visited the Compass site in the last 6 months? <i>Circle all that apply:</i>						
Yes, as a volunteer		Yes, I walk in the area		Yes, other (<i>please specify below</i>)		No
Would you like to receive the monthly Compass newsletter by email? If yes, please make sure you have included your email above					YES	NO
Would you like to volunteer for Compass? If yes, we will send you the volunteer welcome pack and registration form by email.					YES	NO
Data Protection: Camphill Wellbeing Trust will process the data you have provided in accordance with the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018. You can find our Privacy Policy on our website.						

Thank you for helping us!