DIRECTIONS



Compass Project Newsletter

In this issue:

- Compass secures e-vehicle
- Latest news
- Buildings
- **Outdoor Spaces**
- Volunteers
- Fundraising
- PR
- Upcoming Events

Produce Pop-Ups at Murtle

Compass plants and produce are now available from Murtle Estate, Bieldside, AB15 9EN. Pick up seasonal plants, both edible (strawberries) and **non-edible** (tulip bulbs, buddleia, holly trees and polyanthus) on a donation basis from outside Camphill Medical Practice between Monday - Friday, 9am - 5pm. Produce from Compass gardens will join this pop-up throughout the year.

You can also purchase bags of firewood for £10.50 (inc. VAT) from the Murtle Estate pop-up. Larger quantities are available from our Compass site at £105 per m3 including VAT. Email compass@cwt.scot to arrange a collection!

Seeds available

Kickstart your growing season with seeds from Compass - we have packets of donated flower and vegetable seeds available on a donation basis. Speak to a member of the team onsite or come along to our next volunteer day on 1st April 2023.



Compass recognised for Provision of Employability Services



Compass is now working with Aberdeen City Council to support the Provision of Employability services within the city. Our recent application to work in partnership with the council and its ABZWorks Business & Skills Team has been successful with Compass now recognised as a space that offers opportunities in the growth and development of an individual's employability skills, utilising the activities we have available onsite.

Take Action for a Sustainable Future

Tours and Workshops at the Compass Project as part of NESCAN's Climate Week North East 24 Mar - 2 Apr 2023



Join us onsite for:

- tours of the **no-dig garden**
- home-composting workshops
- demonstrations of the **wormeries**
- demonstrations of **beekeeping**





and lots more...

Wednesday 29th March 2023: 2pm - 4pm Compass, Craigton Road, Cults, AB15 9QD

Book your place by email: compass@cwt.scot

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Buildings



- **Multi-Purpose Hall:** Refurbishment work of the Multi-Purpose Hall is due to start this April. We are aiming for an early Summer 2023 opening - get in touch if you are interested in hiring a space for your group: compass@cwt.scot
- **Kindergarten:** Visit our new Volunteer Hub to pick up your produce and seeds on a donation basis.
- Enterprise [Science] Block: Plans are underway as we design the locations of a smokery unit, Zero Waste kitchen and an extension of our Blue Door charity shop with restore and upcycle of larger items. Watch this space for future developments!

Outdoor Spaces

- **First seedlings head outside:** The growing season has officially started at Compass with the first seedlings being planted under the cold frames our team have constructed from spare materials onsite.
- **Removal of diseased trees:** Following tree management surveys, the **removal of diseased trees** is now being carried out to ensure these don't impact on the safe use of the site.
- Over 100 Woodland Trust Wild Harvest fruit and nut trees have arrived at Compass. We will be looking for volunteers to help plant the selection of hazel, blackthorn, crab apple, elder, dog rose and rowan at our next Saturday volunteer day, 1st April 2023. We look forward to the wild jellies and jams from these harvests
- Following the final dry stone walling session with local professional James Watt, **65 volunteers** have supported the restoration of **35m of wall** on our Compass site taking a combined total of **420 hours**.



Volunteers

- Local support: We've now reached an incredible 5115 hours of time donated to the project from the support of 469 volunteers including school & corporate groups a big thank-you to all!
- Supporting Young Volunteers: Compass supports those looking for volunteering opportunities that contribute towards their Duke of Edinburgh Award or Saltire Volunteering hours. Get in touch with us on compass@cwt.scot to find out more!
- Volunteer days:

Week Days: We offer regular week day opportunities to volunteer at Compass: Wednesday afternoon: 1.30pm - 4pm | Thursday morning: 9.30am - 12noon Let us know you are coming: compass@cwt.scot - we can let you know the tasks!

Saturdays: Our Saturday events take place on the first Saturday of every month, with the next being **Saturday 4th March 2023**, **9.30** - **4pm**. We look forward to seeing you there!

Sign up as a Volunteer!





2

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Fundraising

Phase 1: achieved £200,000 Phase 2: ends September 2023 | Current amount raised: £881,283 | Target: £1.5 million

- Phase 2 Funding: Our next fundraising goal is to raise £1,500,000 by September 2023. We have raised an incredible £881,283* so far thanks to the support of grants and an anonymous donor. [*figure does not include lottery funding of £100,000 secured for next two years]
- Funding Success: We have been successful in securing funds towards the upgrade of showers, toilets and changing facilities in the Multi-Purpose Hall as part of its current refurbishment project. Thanks to Nestran's Sustainable Travel Grant, we will receive £10,000 towards this project.
- Support us! You can donate online through our LocalGiving campaign page or by cheque to: Compass, Camphill Wellbeing Trust, St Devenicks, Murtle Estate, Bieldside, Aberdeen, AB15 9EN.

Upcoming Events

Join us for Tours & Workshops at Compass Wednesday 29th March 2023, 14:00 - 16:00 as part of NESCAN Climate Week North East

Take Action for a Sustainable Future: Take part in a range of outdoor activities and pick up new skills: enjoy tours of our no-dig garden, home composting workshops, demonstrations of our wormeries and beekeeping and much more.

The event is free, but **booking is required**. Please email compass@cwt.scot.

Monthly Volunteering Day: Saturday 1st April 2023:

9.30am - 4pm

Now taking place on the first Saturday of every month, we look forward to welcoming you to our next volunteer day. We still have firewood for sale as well as a range of seeds and plants such as strawberry, polyanthus, tulips, and various trees (holly, birch, beech, pine) available on a donation basis, so don't forget cash!

Focus on Compass: Learn more about the project and its developments during our break-time at around 11am on Saturday. Free Weleda body care samples and Deeside Water will also be available to keep our volunteers refreshed.

Weekday Volunteering:

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Come along on a Wednesday afternoon (1.30pm - 4pm) or Thursday morning (9.30am - 12noon). Just let us know you are coming: compass@cwt.scot or 01224 862008.

Sign up as a volunteer using our online form to receive email reminders of upcoming events and future dates!

> Compass Project | 01224 862008 | compass@cwt.scot www.camphillwellbeing.org.uk/compass Facebook: @CWTCompass

Compass is a project of Camphill Wellbeing Trust, a business name of Camphill Medical Practice Ltd. A limited company registered in Scotland No.SC120539 Wellbeing Trust Charity No. SC016291 Registered office: St John's, Murtle Estate, Bieldside, Aberdeen AB15 9EP







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